

NAME		REWARD							
monday		tuesday		wednesday		thursday		friday	
week 1	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL
	completed		completed		completed		completed		completed
week 2	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL
	completed		completed		completed		completed		completed
week 3	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL
	completed		completed		completed		completed		completed
week 4	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL
	completed		completed		completed		completed		completed

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